

Collins Wins Overall Title at USAT Short Course National Championships

Portland Oregon
Saturday, June 30th 2007

The 2006 runner-up, Ben Collins of Seattle Washington, set the pace for the day, leading the first of 12 waves with a 17:49 swim in Portland's Henry Hagg Lake. Collins' quickly put distance on the rest of the 24 and under wave and was forced to race blind to his competition for the entire 40k bike and 10k run.

The bike course boasted 700 meters of elevation gain for the two lap course around Hagg Lake. Collins hammered the bike for an impressive 1:00:47 split that would increase his lead and put him alone on the run course. Former track runners, Jesse Thomas and Chuck Sloan both began their runs with 4 minute deficits on Collins, and their splits of 33:17 and 33:06, respectively, would prove enough to overcome nearly the entire field. The effort was not enough to make up for Collins' early lead, and Collins held on with a 36:40 run split that would give him a finish time of 1:57:08, and the 2007 National title.

[Ben Collins, Jennifer Garrison take USAT Nationals overall](#)

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[Collins puts his all into the triathlon](#)

OregonLive.com - Portland,OR,USA (feature story)

FOREST GROVE -- **Ben Collins** wades in the green-brown water of the Henry Hagg Lake shoreline, his white swim cap soon to be lost in the distance among other ...

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Ben Collins, 24, of Lake Forest Park, Wash., finished first overall in 1:57:08. In the female 30 to 34 age group, Ross, 31, finished in 2:13:40. ...